



End-to-End Healthcare Solutions

Prevention → Intervention → Recovery

Protect your business by keeping your employees healthy, cared for, and back at work faster.

Invest in Your Team's Health, Unlock Business Performance.

Sickness absence is at a 15-year high, with delayed healthcare access costing UK businesses millions in lost productivity.

Doctor Care Anywhere is your strategic partner in reducing absence, accelerating return-to-work, and empowering your workforce with fast, proactive, and accessible healthcare.



Why Leading Employers Choose Us:

- **Trusted by over 1,000 companies**
- **Over 2 million members**
- **Excellent 4+ out of 5 rating**
- **Net Promoter Score 75+**

The Business Challenge

The average employee is taking:

9.4 days of sickness absence per year

a sharp rise from 7.8 days in 2023.

Top causes of long-term absence are:

- **Mental Health (41%)**
- **Musculoskeletal injuries (31%)**

Top causes of short-term absence are:

- **Minor illnesses (78%)**

The Doctor Care Anywhere Solution

Empower your employees with:



On-Demand Appointments

via app with no waiting or call queues.



Up to 20 minute appointments

at a time that suits them.



24/7 Access

to our clinical team within two hours.



Prescriptions delivered

to your home or nearest pharmacy.



Comprehensive Health Assessments

Proactive diagnostic checks to spot risks early- completed at home or in clinic.



Tailored Physiotherapy Support

Help your employees move better, recover faster, and stay pain-free with tailored treatment plans.



Specialist Care Pathways

Support for Men's and Women's Health, and Weight Management.



Mental Health Support

with direct access to practitioners and ongoing care pathways.



Skin Cancer Screening

Seamless skin cancer screening for your workforce - minimal disruption, rapid results, better long-term outcomes.

Our network of healthcare professionals are on hand whenever they're needed.



A GP appointment – *without the wait.*

- NHS trained & GMC registered.
- Choose a GP by specialism or gender.
- Appointments available 24/7, 365 days a year (including bank holidays).

Mental Health Practitioner – *support your employees wellbeing.*

- Confidential appointments via video or phone.
- Guidance, support, and listening ear for a range of mental health concerns.
- Early access prevents escalation and supports resilience.

First Contact Physiotherapists – *fast track their recovery.*

- Direct access – no GP referral needed.
- Assess, diagnose, and provide tailored recovery plans.
- Rapid support for MSK injuries, aches, and pains.

Advanced Clinical Practitioners – *your employees get the choice, control and convenience.*

- Highly qualified healthcare professionals.
- Manage minor ailments, flare-ups, and ongoing concerns.

2 hours

Doctor Care
Anywhere patients
can see a clinician in
under 2 hours.

What can our clinicians do?

- ✓ Assess conditions.
- ✓ Diagnose and treat symptoms, including issuing prescriptions.
- ✓ Plan any follow up treatment that is needed.
- ✓ If needed they can also refer for further treatment.

Specialist Care Pathways: Beyond GP Access

Skin Cancer Screening

Skin cancer is one of the most preventable and treatable cancers when detected early. Yet many employees face long delays accessing dermatology services—leading to missed diagnoses, prolonged treatment, and increased absence.

In partnership with Skin Analytics, we offer a fast, digital-first screening service designed for early detection and ease of access.

Following a virtual consultation, employees are sent a specialist screening kit to use at home. Results are returned within 24–72 hours, helping identify concerns early and reduce unnecessary referrals to secondary care.

Key Benefits:

- Early detection reduces long-term health risks and absence.
- At-home kit ensures convenience and accessibility.
- Rapid turnaround supports timely intervention.



MSK Care Programme

Musculoskeletal (MSK) issues are a leading cause of workplace absence in the UK, from back pain to repetitive strain injuries. Our MSK care program ensures employees don't need to wait weeks for a referral.

- Employees can book directly with a First Contact Physiotherapist for expert assessment and advice.
- They receive tailored treatment plans supported by Physitrack, a digital platform delivering personalised exercise videos, progress tracking, and remote clinician monitoring.
- This hybrid approach combines clinical expertise with digital empowerment, ensuring faster recovery and prevention of repeat injuries.



Mental Health Pathway with HelloSelf

Mental health is now one of the leading causes of workplace absence.

Through our partnership with HelloSelf, we offer a clinically validated, tiered support model that ensures employees receive the right level of care - when they need it most.

Employees start with a mental health practitioner, who provides early guidance and assessment.



Tiered Pathways for Mental Health Support

This step-care model means employees always receive the right level of support, whether managing stress, anxiety, depression, or more complex conditions.

- **Weekly Psychological Therapy**
- **Monthly Therapy + Digital Coaching**
- **Neurodiversity Coaching**
- **AI-Led Psychological Coaching**

The pathway is designed to de-stigmatise mental health support by offering confidential, flexible access via video sessions - fitting easily into employees' schedules without the need to take time off work.

Health Assessments

Proactive care is at the heart of workplace wellbeing. Our health assessments allow employers to move from reactive problem-solving to preventative health management.



- **Flexible access:** Employees complete diagnostic checks at home with testing kits, onsite, or in a clinic - minimising disruption to work.
- **Comprehensive insights:** Assessments cover cardiovascular risk, cholesterol, blood sugar, hormone testing, and more.
- **Actionable results:** Clinicians explain findings in plain English and provide tailored health plans, enabling early intervention and sustained wellbeing.
- **Workforce-level data:** Employers receive anonymised trend reporting to identify risks, guide wellbeing strategy, and track impact.

Here are a few of the businesses we partner with

Google

pluxee



Coca-Cola

Meta



BARCLAYS

ebay

Microsoft

Biffa



Health

AstraZeneca



epassi
MYHEALTH
DISCOUNTS

Nuffield
Health

We provide healthcare benefits for global corporations and have over 2 million members - you're in safe hands with us.

Our customers say



Excellent 4+ out of 5

★ Trustpilot



Net promoter score

75+

Why choose Doctor Care Anywhere?



Fraction of the cost of PMI

A cost-effective solution

An economical way to provide accessible healthcare and look after the health of your workforce.



Reduce sickness related absence

On-demand access to healthcare

With appointments available 24/7, your colleagues will be able to fit appointments around their work and lifestyle commitments and get the healthcare they need sooner.



Complete workplace wellbeing

360° wellness solution.

From 24/7 GP access and expert physiotherapy to dedicated mental health support and health assessments, our services can be customised to meet the unique needs of your company.



Boost employee productivity

Build colleague satisfaction

When your colleagues are feeling happy and healthy, they will be their best in the workplace.



JTI UK has been working with Doctor Care Anywhere since 2019. The virtual GP service forms part of our wider benefits package and is a highly utilised and important benefit in our health and wellbeing space.

The flexibility and ease of booking appointments with Doctor Care Anywhere versus a more traditional NHS setting, means that our employees can receive timely advice and support. This is beneficial not only for our employee's wellbeing, but also enables them to return to work fit and healthy, more quickly. The rates we receive are competitive and the service is so important to our business and our wellbeing strategy.

HR Business partner



Why partner with us?



Customer Success Manager

You'll be assigned a dedicated Customer Success Manager who will be available to support you throughout the onboarding process. They will strategically collaborate with your organisation to increase utilisation as well as provide you with regular insights, reporting and analysis.



HR toolkit

We'll provide you with a launch toolkit to support you and your employees through the onboarding process. Our range of content from our clinicians around different health concerns will also be available to view on demand.



Marketing support

We support our partners from launch and offer continued engagement. We provide marketing collateral, custom content, videos, clinical advice and expertise, as well as a regular engagement series to keep your colleagues engaged and in-tune with their health.



For every part of your
employee's health - there's
Doctor Care Anywhere.

To find out more about what we have
to offer your business, get in touch:

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