

Don't let MSK pain wait. Book a physio, get moving again



Back pain. Shoulder strain. Joint stiffness.
If it's slowing you down, you don't need to
wait weeks for help.

Through Doctor Care Anywhere, you can
book a physiotherapy appointment quickly
- no GP referral needed.

Your physio will assess you and can give
you a personalised recovery plan you can
follow at your own pace.

Early support helps you get back to doing
what you love, faster and with less
disruption to work and life.

Early physio support can cut recovery time nearly in half.



Activate now, so when illness strikes, help is only
a tap away.

- Scan the QR code or visit doctorcareanywhere.com
- Activate your account

Book your physio appointment today.
Available to you at no cost.