



A fast and easy way to manage your health

24/7 healthcare at your fingertips, for you
and your family, whenever, wherever.





Your healthcare, on your terms

Fast, convenient, and personal to you

Like most things in life, health issues happen when you least expect them. And with GP appointments taking around 14 days to get, fitting time to see a medical professional into your already busy schedule can be tricky.

Doctor Care Anywhere is one of the UK's largest private telehealth providers. We employ over 500 clinicians and deliver over 60,000 appointments every month, with more than a decade of experience in digital health. From health advice and care when you need it most, to the tools to look after your mental health and wellbeing, we're here whenever and wherever you need us.

Appointments with GPs, Mental Health Practitioners, Physiotherapists and Advanced Clinical Practitioners, **with access within 2 hours*, 24/7, 365 days a year**, from wherever you are in the world.

* Subject to appointment availability.

Take control of your health journey

Our team of employed clinicians are here to give you medical advice, answer your questions and give you peace of mind, when you need it.



GP appointments:

without visiting the waiting room

You can choose the doctor you'd like to speak with, by video or phone, at a time that fits your schedule. You get expert advice first time, with prescriptions and referrals issued in the same visit*.

There's no need to de-register from your NHS GP. Doctor Care Anywhere works alongside it and, with your permission, your notes can be shared with your usual doctor.



Advanced Clinical Practitioners:

convenient care for everyday health needs

Our Advanced Clinical Practitioners (ACPs) are highly qualified healthcare professionals who can help with a wide variety of health concerns. They're your go-to if you have a minor ailment or a flare-up of illness.



Physiotherapists:

fast-track recovery from pain or injury

Our physiotherapists can assess and support with:

- Musculoskeletal pain
- Joint and mobility issues
- Minor injuries and strains

You get reassurance, an expert diagnosis, pain management advice and a bespoke digital exercise programme on your phone, all from home and without needing to see a GP first. 80% of MSK conditions resolve within 12 weeks of a consultation with our physiotherapists.



Mental Health Practitioners:

confidential, compassionate care, when you need it

Feeling overwhelmed, anxious, or just need someone to talk to? Book a confidential video or phone appointment with a qualified mental health practitioner. From everyday stress to ongoing concerns, you'll get an assessment, support and guidance in a safe space. If you need more, we'll guide you to assured psychological therapy partners or digital tools, on your terms, at a time that suits you.



* Prescriptions and referrals will only be issued if clinically appropriate.

Everyday health at your fingertips

Convenient, secure, and seamless access to the care you need, wherever and whenever you need it.

Consultations

- Up to 20-minute appointments, by video or phone, giving you time to discuss the right outcome for you.
- Access within 2 hours, 24/7, so there's no need to take time off work to attend a consultation.
- Speak to a clinician from anywhere in the world, at home or when you're away.
- Fast access to the treatment you need.

Prescriptions

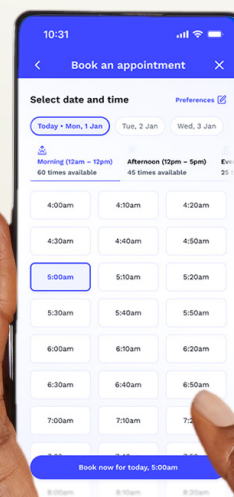
- Same-day prescriptions, where clinically appropriate.
- It's up to you how and where you get your prescription.
- Delivered straight to your home or work.
- Or pick up your medication from your local pharmacy.

Referrals and medical records

- Concierge support for referrals to specialists, diagnostics and weight management.
- Download and share your private referrals and fit notes, plus advice about returning to work.
- Everything from your appointments is in one place, in plain language, in the app or on the web, whenever you need it.

Additional services: extended care pathways, for extra peace of mind

- Skin cancer screening: home dermoscopic kit, results within 72 hours.
- Diagnostic imaging: MRI, CT, x-ray and ultrasound across 150+ UK locations.
- Same-day medical letters, including Fit to Fly.
- Blood tests and diagnostics: at home or in clinic.
- Psychological support: rapid access for adults and children 6+.



These services are self-funded and not included as part of your Doctor Care Anywhere membership. To find out more about our additional services visit doctorcareanywhere.com/our-services

Care for the whole family

When a child is unwell or an older relative needs help, it's often you who has to step away from work. Doctor Care Anywhere is here for the people you care for too.



Children are treated from birth upwards, with video consultations for all under-16 appointments.



Longer appointments mean every patient gets the reassurance, treatment and next steps they need.



Advice and treatment for older relatives, and for the whole household.



Fast access means less time worrying, and less time away from work.





What we treat

Peace of mind, wherever, whenever

Whether you need to speak to a clinician on your way to work, have your prescription medication delivered to your door or just want to put your mind at ease about something that's been bothering you, Doctor Care Anywhere fits around you, and your life.

- ✓ Allergies
- ✓ Children's health
- ✓ Cold and flu
- ✓ General health
- ✓ Headaches and migraines
- ✓ Joint pain
- ✓ Men's health
- ✓ Mental health
- ✓ Sexual health
- ✓ Skin health
- ✓ Sleep
- ✓ Stomach and digestive problems
- ✓ Women's health

Your questions, answered



Is it for emergencies?

No. In an emergency, call 999. For urgent help that isn't life-threatening, call NHS 111.



Does it replace my NHS GP?

No. Doctor Care Anywhere works alongside your NHS GP. With your consent, we share your consultation notes with them, so your care stays joined up.



Will my employer see my health information?

Your appointments are confidential. Your employer only sees anonymised, overall usage reporting.



Does it cost me anything?

Doctor Care Anywhere is provided by your employer, so check with them what's covered. Additional services are paid for by you.



Who are the clinicians?

Over 500 clinicians employed by Doctor Care Anywhere, including GPs, Advanced Clinical Practitioners, Physiotherapists and Mental Health Practitioners. We're regulated by the Care Quality Commission.



For every part of your health
- there's Doctor Care Anywhere.

Need help getting started with Doctor Care Anywhere?

Our How-To Hub has everything you need, from activating and verifying your account to booking appointments, accessing prescriptions, managing referrals, and more.

[Discover the How-To Hub](#)

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