



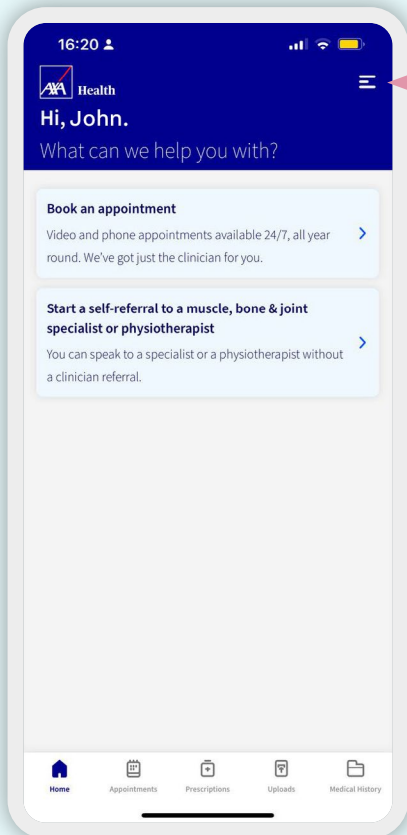
Health

How to Update contact and communication preferences



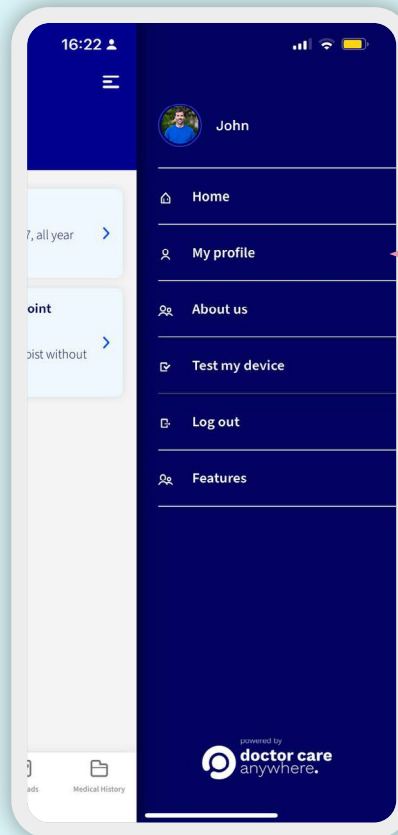
1

Click on the three lines in the top right corner.



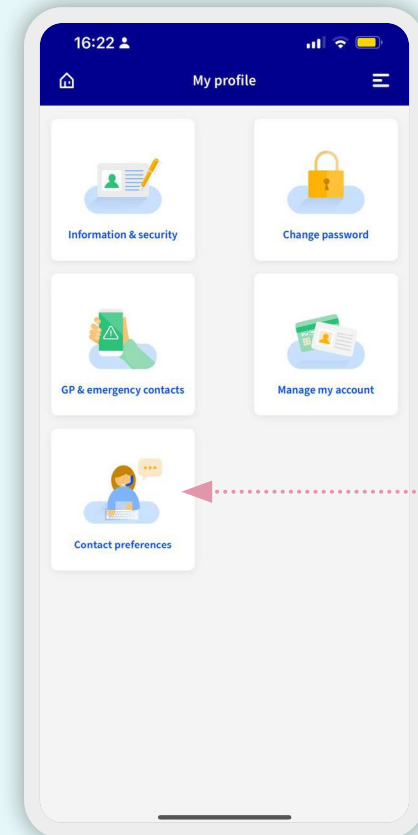
2

Select 'My profile'.



3

Select 'Contact preferences'.





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4

Select your preferred discounts, offers and rewards preferences and click 'Update preferences' once done.

13:19 5G

Contact preferences

Discounts, offers and rewards

Now and then, we'd like to send you exclusive offers, discounts, and rewards relevant to you. Choose how you'd like to receive these.

Email ☐ Yes ☐ No

Telephone ☐ Yes ☐ No

Text message ☐ Yes ☐ No

Post ☐ Yes ☐ No

Push Notification ☐ Yes ☐ No

Whatever you decide, we'll continue to send you important messages about your account.

Changes can take 2-3 days to take effect.

Update preferences

5

Select your preferred communication preferences and click 'Update preferences' once done.

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Contact preferences

Communication preferences

We'll sometimes send you useful account information and health content that might interest you. How would you like to receive this?

Email ☒ Yes ☐ No

Telephone ☒ Yes ☐ No

Text message ☐ Yes ☐ No

Push Notification ☐ Yes ☐ No

Whatever you decide, we'll continue to send you important messages about your account.

Changes can take 2-3 days to take effect.

Update preferences